



Virtual Summit

SPEAKER SCHEDULE

FRIDAY JUNE 11TH

ERICA LATRICE

It's Never Too Late, Your Voice Matters

LAUREN PARSONS

Avoiding Burnout: Overcome the Overwhelm

DEBBY MONTGOMERY-JOHNSON

Stand Up, Speak Up, Woman Up!

JACKIE HANDY

Small Steps to an Inclusive World

LISA KING

Solutions for Women with Bladder Issues

SHEREE CLARK

Finding your Midlife Courage: It takes guts to live the second half of life for you.

KATIE PHILLIPS

Calling in love over 40

DR. ALEXANDER JOANNOU

Stick it to Depression - Get your life back, naturally

OLGA SZAKAI

Claim Your Million Dollar Midlife

NAADIA JACKSON-AMIGA

Launch your Business without breaking the Bank

SATURDAY JUNE 12TH

DR. LIZ ISENRING

Nutrition for Optimal Health & Ageing

TAMARA BATSELL

Pretty Power: It's time to tap into your personal power

ANGELA RASPASS

Your Next Chapter: Ditch your doubt, own your worth & build your business

JACQUIE SOMERVILLE

Spice up your (Love) Life!

MEL HURST

Mindset Matters - Own your Power & Create a Life of Abundance

CATHERINE GRACE O'CONNELL

Mastering Modern Midlife

CODI SHEWAN

Your Legacy - A Powerful Conversation

SANDY WADE

Empty Nest, & the emotional roller coaster that goes with it.

ADRIAN

The power of Pinterest for Business & building a tech biz in your 60s!

KAREN TUI BOYES

Your morning Power Routine

SUNDAY JUNE 13TH

DR. ROSIE ROSS

Menopause Matters- from hot flashes to the "Drama Downunder!"

NATALYA PURCHASE

Juggling the motherload: solo parenting & staying sane at midlife

KIRSTY SALISBURY

The Power of Podcasting

JOHN J TENG

Reframe your midlife to be a Hero's Journey instead of a Greek Tragedy!

CAT, KAREN & NAADIA

Rock your marriage with veterans of 17, 25 & 33 years!

KIRI-MAREE MOORE

The One Percent Movement

HEIKE YATES

Ignite your spark in your second half of life

DIXIE MARIA CARLTON

The Power of Stories We Gather and Share

MADLINE BLACK

Sexual violence, recovery, hope and forgiveness

CAT COLUCCIO

Living ON-Purpose - the power of the Ripple Effect



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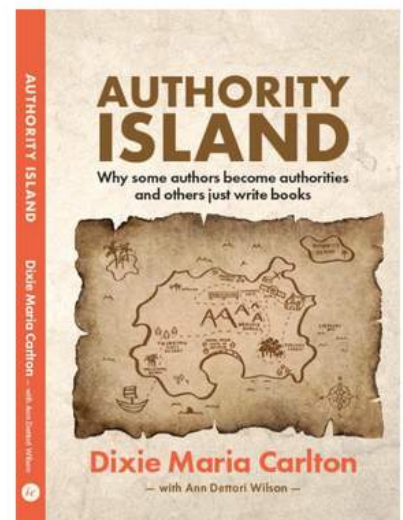
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Dr. Alexander Joannou

Transformational Acupuncture International

- www.stickittodepression.com
- FB: @DrAlexJ
- Insta: @DrAlexTAI
- LinkedIN: @dralexjoannou

Get your FREE sample from Dr. Alex's book *Stick it to Depression: Get your life back, naturally* by clicking [HERE](#).

Acupuncture & Depression

How patients and doctors can discuss this easily – as explained in two books by GP Dr Alexander Joannou

'A conversation worth having!'

The graphic features a background image of hands performing acupuncture on a person's back. Two book covers are shown: 'Stick it to Depression' (black cover with white text) and 'Stick it to Depression: Get your life back, naturally' (yellow cover with a silhouette of a person running). The text 'Acupuncture & Depression' is in large white font on the left. Below it, a purple box contains the text 'How patients and doctors can discuss this easily – as explained in two books by GP Dr Alexander Joannou'. At the bottom, a quote reads 'A conversation worth having!'.



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